



School Based Services
Houston ISD and Spring Branch ISD
2006-2007 Performance Report and Evaluation

School Based Services:

Family Services of Greater Houston provides school-based counseling, family outreach and support, and family literacy and life-skills education to students in the Houston and Spring Branch Independent School Districts. The following highlights the support services we provide in schools and the difference the school-based services have made in the lives of students and their families throughout both districts.

Program Outputs:

- **2,465** individual and family counseling sessions conducted with **581** students
- **20** ongoing counseling groups serving **380** students
- **214** one-time counseling groups serving **432** students
- **578** consultations serving **255** students
- **179** crisis interventions with **114** students

Program Outcomes: After having received School-Based Services in HISD and Spring Branch ISD schools,

- **99%** of students' **attitudes improved**, according to their teachers
- **95%** of students report they are **better equipped to cope with stress** experienced while at school
- **92%** of students are **not** greatly **bothered by emotional problems**
- **91%** of students have **plans and goals** for the future
- **87%** of students feel that they have **gained skills to cope** with **family problems**
- **85%** of students **feel** like they are a **part of their school** and **actively participate** in class
- **82%** of students report that they are **more confident** in social situations

Results based on data collected by Family Services staff during the 2006-2007 school year from students receiving services, and the student's parents and teachers.

For more information, please contact Alfredo Tijerina, Vice President of School Based Services, at (713) 867-7725 or atijerina@familyservices.org



Ensueños del Futuro: Dreams for the Future
Substance Abuse Prevention Education

Houston and Spring Branch Independent School Districts
2006-2007 Performance Report and Evaluation
Substance Abuse Prevention Education

Family Services of Greater Houston provides our award-winning Ensueños del Futuro (“*Dreams for the Future*”) substance abuse prevention education program to give students decision-making and problem-solving skills they can use throughout their lives. The following highlights the programs we provide throughout the Houston and Spring Branch Independent School Districts and the difference our services have made in the lives of students and their families throughout the district.

Program Outputs: Program activities throughout HISD and SBISD:

- **249** Ongoing substance abuse education groups conducted
- **2,567** Sessions in ongoing substance abuse education groups conducted
- **2,700** Students participated in ongoing substance abuse education groups
- **239** Alternative activities conducted with **2,559** Individuals participating
- **467** Presentations on substance abuse and other topics with **5,978** students attending
- **537** Substance Abuse counseling sessions conducted with **208** students
- **100** Crisis interventions conducted
- **1,567** Students received consultation services

High School Program Outcomes: After having completed the Project SUCCESS curriculum, students reported the following improvements in their behaviors and attitudes:

Behaviors:

- **98% abstained** from **drugs** other than marijuana
- **97% abstained** from **marijuana**
- **95% abstained** from **tobacco products**
- **86% abstained** from **alcohol**

Attitudes:

- **93%** reported they **have plans and goals** for the future
- **88%** of students report **better decision-making** related to alcohol, tobacco, and other drugs
- **76%** are likely to **talk with an adult family member** about serious issues like alcohol, drugs, and sexual activity
- **75%** reported it was **against their values to drink** alcohol as a teenager
- **73%** understand the **importance of taking responsibility** for their actions

Middle School Program Outcomes: After having completed the ALL STARS curriculum:

- **92%** of students report **increased knowledge and decision-making** related to alcohol, tobacco, and other drugs
- **86%** of students think **smoking** cigarettes **does not fit** in with their way of life
- **79%** of students are **getting something positive** out of school
- **74%** of students **shared information** they learned from the program **with their peers**
- **70%** of students report that the program helped them **succeed socially**
- **69%** of students are able to **talk to parents or caregivers** about issues involving alcohol or other drugs

Elementary School Program Outcomes: After having completed the Life Skills curriculum:

- **99%** of students **understand the short term effects** of smoking
- **94%** of students express **positive decision-making skills**
- **89%** of parents report their children **better understand the risk** of alcohol, tobacco, and drug use
- **83%** of parents report **improvement** in their child's **school performance**
- **80%** of students **understand positive techniques** to cope with stress
- **80%** of students demonstrate how to **handle peer pressure**

Results based on data collected by Family Services staff during the 2006-2007 school year from students receiving services, and the student's parents and teachers.

For more information, please contact Alfredo Tijerina, Vice President of School Based Services, at (713) 867-7725 or atijerina@familyservices.org